

VOLUME ONE, ISSUE 5, OCTOBER 2022



THE OCTOBER ISSUE

UZIMA NEWSLETTER

About Uzima

Uzima Women Relief Group International was founded in 2012 by our current Executive Director Jacobet E. Wambayi. In 2007 she was appointed to the Ministerial Advisory Council on HIV & AIDS. The Council advises the Federal Minister of Health on the Federal Initiative on HIV & AIDS.

A Message From The Director



Welcome to our October newsletter. We hope everyone is getting ready for the colder season but with warm spirits of continuing to support the most vulnerable members of our society.

Uzima joins Canada and the world in recognizing important dates that reflect the histories of vulnerable communities. Uzima joined Canadians On September 30, 2022, the National Day for Truth and Reconciliation to honour survivors of Canada's residential school system.

October is Women's History month. As a Women's organization, we would like you all to join us as we celebrate many achievements by marginalized women globally.

You can support women and other vulnerable groups such as youth and seniors through our ongoing programs for women, youth and seniors by participating in programs, working and volunteering. Please join me in thanking our dedicated board of directors, staff and volunteers who keep the organization going.

Thank you.

Jacobet Edith Wambayi, PhD
Executive Director



OCTOBER IS CELEBRATED AS WOMEN'S HISTORY MONTH IN CANADA



**October is Women's
History month**

Imagine how much happier we would be, how much freer to be our true individual selves, if we didn't have the weight of gender expectations."

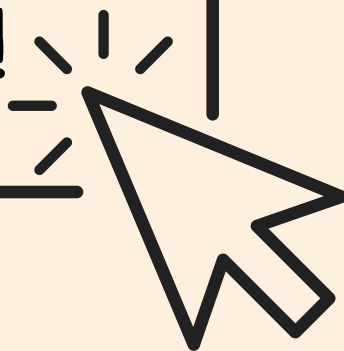
CHIMAMANDA NGOZI ADICHIE

"Each time a woman stands up for herself, without knowing it possibly, without claiming it, she stands up for all women."

MAYA ANGELOU



UZIMA IS HIRING!



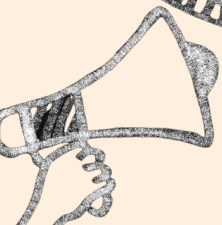
PROJECT COORDINATOR

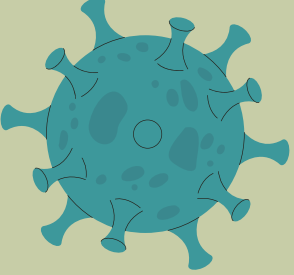
The candidate will be an experienced project coordinator, able to effectively multi-task on multiple assignments, and have a good knowledge about project management. Manage and coordinate multiple projects to ensure they are completed on time and on budget. Organize and plan project tasks and schedules.

BOARD MEMBERS

Uzima is looking for 3 Board of Directors. A variety of skills, interests, and experience are useful in furthering Uzima's mission, but nominees should ideally have administrative and fiscal oversight. Uzima works with strict policies on anti-discrimination and anti-oppression. As a board member you will observe these policies and help other members, staff and volunteers to adhere to them. Uzima would like to stress further that commitment to the board duties, constitution and by laws is a requirement. Because Uzima is still evolving, the board is both a working board and a governance board.

JOIN OUR
TEAM





COVID-19 UPDATE



Upcoming Vaccination clinics



COVID-19: Where to Get Vaccinated

Last updated: September 26, 2022 at 10:00 a.m.

Book a COVID-19 vaccine at a [City-run](#) or hospital immunization clinic using the Province's registration system or by calling 1-833-943-3900 (TTY 1-866-797-0007). Vaccines are also available at [pop-up clinics](#), [pharmacies](#) and some family doctors.

[Book Appointment](#)

Novavax vaccine appointments can only be booked through the [Toronto Public Health booking site](#). Toronto Public Health offices are not immunization clinics and do not offer vaccines. Learn about [continued mask recommendations](#).

City Immunization Clinics

Get details about the six large City-run immunization clinics.

Pop-Up Immunization Clinics

Learn about mobile clinics and find one near you.

Hospital Immunization Clinics

Find out about COVID-19 clinics organized by Toronto hospitals.

Transportation to Clinics

Learn more about transportation options to vaccination clinics.

Homebound Vaccinations

Learn how to access a COVID-19 vaccine if you are homebound.



COVID-19 VACCINES FOR CHILDREN 6 MONTHS TO UNDER 5 YEARS OLD



Now eligible for 2 doses of pediatric Moderna vaccine given 8 weeks apart



Protects against serious illness & hospitalization from COVID-19



Even if a child recently had COVID-19, vaccination is still safe & provides stronger protection



Talk to a health care provider for more information



Book an appointment at a city clinic: [Toronto.ca/COVID19](#) or call 1-833-943-3900

[toronto.ca/COVID19](#)

TORONTO Public Health



THE TIME IS NOW



Get your COVID booster shot today.

TORONTO

[toronto.ca/COVID19](#)

Uzima's Current Projects

FRENCH PROJECT PROMOTING FRENCH LANGUAGE SERVICES IN BLACK COMMUNITIES IN TORONTO

Uzima's projects would further be able to cater to French speakers in the GTA by providing more French resources, French presentations, and shared documents by Uzima in French. This will allow Uzima to aid more people in getting access to helpful resources related to many of our projects, such as mental health, the COVID-19 pandemic, Human trafficking prevention and helping lower income families, especially those who can only speak and understand French.

ENHANCING SENIOR'S WELLNESS AND SAFETY

The objectives of this project will include providing information on elder abuse including financial abuse, training seniors in new technology to virtually navigate financial systems, and engaging seniors in the community through mentoring others on financial safety to reduce the incidence of abuse toward them.



Uzima's Current Projects

GENDER BASED VIOLENCE(GBV) /SHOCK PROOFING

This project will enable Uzima to review and adapt service approaches and programs to serve Black women and girls in Toronto. GBV increased during the pandemic and there is urgent need for Uzima to continue and expand the recently ended project on building the capacity of Uzima to support Black women during the pandemic.

OTF RESILIENCE FUND

Building the capacity of Uzima to learn virtual technology to support community due to COVID-19. This project engages hired professional consultants in health and safety, technology and IT, digital marketing, and more.

TROPICANA

Engaging in board and staff on governance and management, HR management, Policy development, accounting, strategic planning, finance and administration, tactical planning, volunteer management, COVID-19 planning, information technology and media public relations.



Uzima's Current Projects

SUVAT BLUE/YVHTPP

The program formed from the Ministry of Children, Community and Social Services by the provincial government. It is a youth violence and human trafficking prevention program with a broad scope on educating and empowering youth by building digital media platforms. The program begun last summer and a series of workshops on a variety of topics were covered. They were attended by multicultural youth and adults.

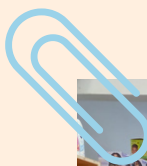
The program networks youth as a peer resource for each other. The program is building a sustainable digital media library. This will involve making content of videos, photographs, blogs, and a podcast. There is also a website and social media platforms that have branded the project called SUVAT BLUE. The name came from the words “survivors” and “anti-trafficking” combined.

Eventually, focus groups of Black youth were conducted from March 2022 and are currently ongoing. Some of them agreed to be interviewed in person on video to build toward the media library. Be on the lookout for their content.

KINDRED PROJECT

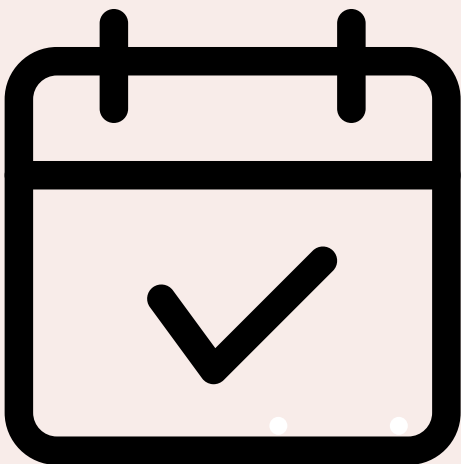
The Kindred project is focused on providing mental health support to Black youth communities. The program will include workshops, mentorship and leadership opportunities, pro social activities, etc. Selected Black youth will also form an advisory committee to lead and execute the project activities.

SENIOR'S GROCERY TRIP



PAST EVENTS

- September Seniors Grocery Delivery
- Enhancing Seniors Wellness and Safety Workshop
- GBV AND Human Rights Workshop
- E-Marketing Workshop



AGM-Mark the Date

**UZIMA WOMEN RELIEF
GROUP INTERNATIONAL
ANNUAL GENERAL
MEETING**

**SAVE THE
DATE:**

**NOVEMBER
5TH 2022
10 AM EST**



**SEE YOU
THEN!**



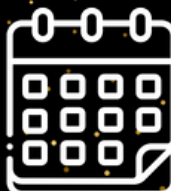
**Uzima
WOMEN**
Relief Group International




**UZIMA WOMEN RELIEF
GROUP INTERNATIONAL
ASSEMBLÉE GÉNÉRALE
ANNUELLE**

**RÉSERVE
CETTE
DATE:**


**5 NOVEMBRE
2022
10 H 00**



**À PLUS
TARD!**



**Uzima
WOMEN**
Relief Group International



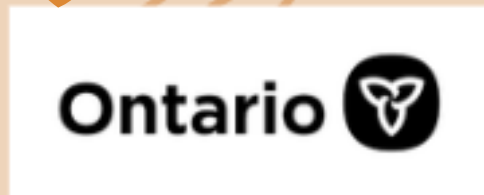
DONATE NOW!

PAY HERE!

INFO@UZIMAWOMENINTERNATIONAL.ORG

DONATE

**THANK YOU TO OUR
DONORS!**





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Scarborough, M1H 3E3**



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