


Uzima Autumn Newsletter

September 2023

VOLUME 2: ISSUE 4

Take A sneak peak into Uzima's current projects and events



YOU ARE

INVITED TO OUR

TOWNHALL MEETING


ON SOLUTIONS TO CHALLENGES FACED BY
RACIALIZED COMMUNITIES IN TORONTO AND GTA

OCTOBER

WEDNESDAY **04** 11AM-2PM

2023

EVENT LOCATION:
**MALVERN FAMILY RESOURCE CENTRE,
90 LITTLES ROAD, SCARBOROUGH, ON M1B 5E2**



FOR MORE INFORMATION SCAN QR CODE

Uzima Updates and Reminders

Make sure to visit Uzima's website

[@https://uzimawomeninternational.org/](https://uzimawomeninternational.org/)

- Uzima completed its Tecasy Ranch Team Building and Strategic Planning Retreat!
- Uzima participated in the Heart Lake Run in late June.
- Uzima attended the Abeingo Summer BBQ.
- Uzima's CSJ (Canada Summer Jobs) Interns have completed

Past, Current and Upcoming Events and Workshops:

- Uzima will be hosting its CSMARI Townhall Event on October 4th 2023 (between 11am - 2m).
- Uzima will be holding its AGM in November.
- Uzima carried out a Fundraising Noodle Challenge

Micro Grants Interviews in July and has begun onboarding selected applicants.

-

held its CSJ Appreciation Lunch!

- Uzima will be attending the Tropicana - Growing Beyond Grass Roots Conference.
- Uzima staff also attended the TBOT - All in for the Future - Unleashing Potential and Inspiring Entrepreneurship for Tomorrow Workshop



Self-Awareness Workshop

In-person for youth and online for seniors.
There will be activities and a noodle challenge event for those who would like to participate for ONLY \$5



August 23, 2023
3 PM



Here are a few photos from Uzima's CSJ 2023 Appreciation Lunch



Congratulations to Mozammil Syed on Receiving the outstanding CSJ Award!







**Message From the
Executive Director: Jacobet Edith
Wambayi**



Fall 2023 Newsletter

We are delighted to share with you our activities during the summer months. We hope you all enjoyed the summer as you continued to do the good work to uplift marginalized communities in Canada. This summer, Uzima was privileged again to work with six youth from marginalized communities who did a wonderful job working on all our programs.

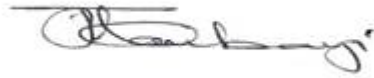
Uzima has several activities planned for the next few months. We have the townhall meeting happening early October and the AGM following in November as we start plans for the annual fundraising dinner in March 2024. We continue to participate in the community working closely with you our partners and the

Although some projects came to an end in summer, we had a few new projects to support Black communities. Please look out for calls to join and publicise our projects. Please follow our social media to participate. We highly appreciate all your visits to our social media platforms. This has made Uzima to grow and we look forward to your continued support through social media. We have engaged our communities in outreach and networking as we solicit for more funding to start new projects and sustain programs.

We are very grateful to our partners, supporters, collaborators, funders and our dedicated volunteers who give us the energy to push ahead.

Enjoy the fall colours.

Thank you



Jacobet Edith Wambayi, PhD

Executive Director

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INDIGENOUS TRUTH AND RECONCILIATION WORKSHOP



Join us on September 20th
At 2-3pm

Presented by Jason Johnson

**Uzima
WOMEN**
Relief Group International 



Shaun Chen

Member of Parliament / Député
Scarborough North / Scarborough–Nord



October 4, 2023

A Personal Message from MP Shaun Chen

As the Member of Parliament for Scarborough North, I am pleased to extend my warmest greetings to the attendees and organizers of the Town Hall event at the Malvern Family Resource Centre.

Today's event brings the neighbourhood together for open dialogue and discussion, while reinforcing the strong character of our community. It is also a wonderful opportunity to honour the work of volunteers while working to close the gap on racial disparities.

I commend the organizers for making this event possible while striving to ensure that the community's voices are heard and that their needs are adequately met. It is events like this that continue to uplift and empower members of our community.

Please accept my best wishes for a most successful event.

Sincerely,

A handwritten signature in blue ink, appearing to read "Shaun Chen".

Shaun Chen
Member of Parliament
Scarborough North

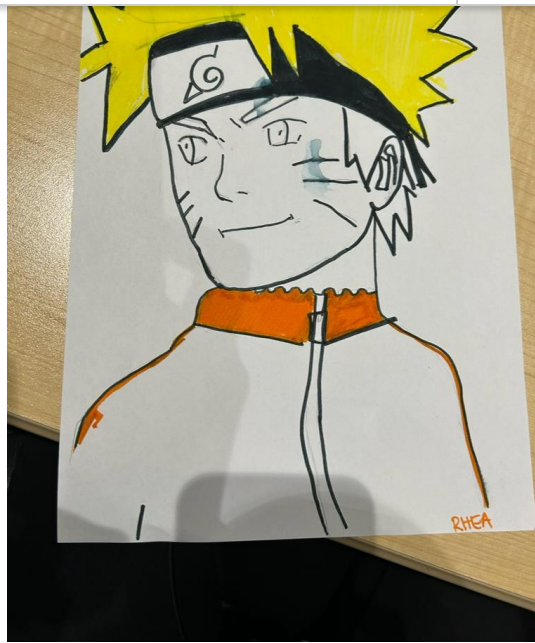
Here are a Few Photos From Some of Uzima's Events and Celebrations!



Uzima staff and volunteers at the Heart Lake Run - In June









Here is a quick look at Uzima's Youth Art Therapy Event that took place in July





Uzima held its Senior's Conversation Circles in August.





Uzima staff at the Tecasy Ranch Team Building and Strategic Planning Retreat



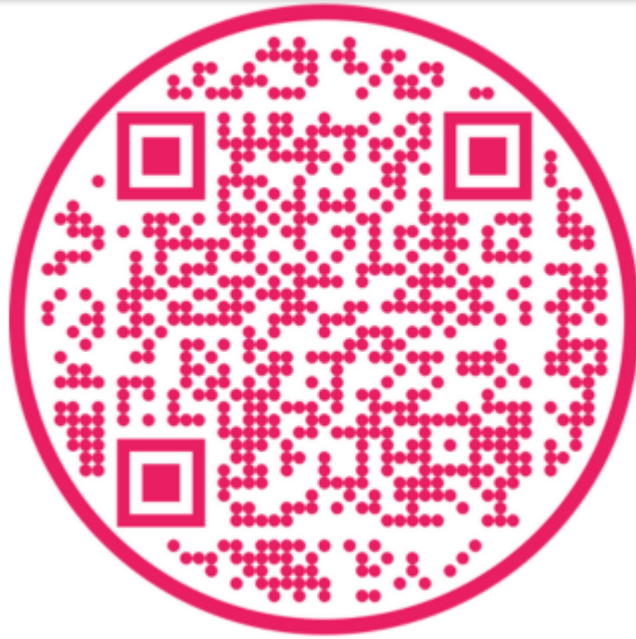


Uzima staff at the KCA - Seniors Day Event



Congratulations to our Assistant Program Coordinator on Graduating!

[Read More](#)



Please donate to us via our Canada helps account

<https://www.canadahelps.org/en/charities/uzima-women-relief-group-international/>

YVHTPP Project:

The Youth Violence Human Trafficking Prevention Program (YVHTPP), funded by the Ontario Ministry of Children, Community and Social Services, is a remarkable initiative designed to empower and uplift youth in Toronto, aged 12-29, who are considered among the most vulnerable populations. These young individuals often come from communities facing various challenges, including youth violence, human trafficking, substance abuse, and limited access to education and employment opportunities. Our YVHTPP project, spanning two years starting from May 2021, aims to make a positive impact on their lives through comprehensive support, workshops, activities, and counseling referrals. Our most recent Art Therapy workshops hosted both in-person and online, provided a safe and creative space for young individuals to express themselves and develop essential coping skills. Through these workshops, participants were encouraged to explore their emotions, thoughts, and

accessibility for a wider range of youth, considering their diverse needs and circumstances.

CSRF:

The Canadian Services Recovery Fund (CSRF) is a transformative initiative aimed at enhancing Uzima's Information Technology capabilities to better serve Toronto's Black community, especially during the challenging times brought about by the COVID-19 pandemic. In response to these pressing needs, we conducted a comprehensive SWOT analysis involving Uzima's dedicated staff and board members, leading us to take proactive steps. We enlisted the expertise of digital marketing professionals and IT consultants to facilitate this transformation. This comprehensive approach involved providing essential IT support and conducting training sessions to empower our staff with the skills needed for effective virtual communication and networking. Additionally, we organized a series of workshops aimed at fortifying the IT competence and proficiency of our board members, staff, and valued volunteers. These workshops covered an array of vital topics, including leveraging Microsoft 365 tools, strategies for boosting social media engagement, performance management, human resources management, media and public relations, grant writing expertise, and innovative fundraising strategies. With these strategic investments in our IT infrastructure and skills development, we are better equipped to serve our community and address its evolving needs in the digital age.

AGE WELL AT HOME

This program is funded by the federal Government and will be carried out in collaboration with Kenya Canadian Association (KCA) and Bridge to Oasis (BTO) Foundation in Calgary.

The program focuses on building the capacity of service providers who may not be equipped with providing support for Black seniors in a culturally appropriate manner.

1. Conduct virtual and in-person educational sessions to service providers to increase their understanding of the care needs that may be unique to improving the lives of Black seniors.
2. Expand beneficial services offered to Black seniors at Uzima, KCA and BTO to Black seniors in Toronto and Calgary.
3. Increase number of referrals for more specialized care and support for Black seniors.
4. Develop a toolbox and other resources such as fact sheets and fridge magnets to improve wellness of seniors living at home.



Black Youth Empowerment Towards Community Development (BYETCOM)

This project is funded by the Federal Government, Canada Service Corps Program – Micro-grants Diversity stream.

Activities:

1. Empower 100 Black youth aged 15 – 30 to build life skills in leadership, resilience, and professional networking, that equip them contribute to building an inclusive Canada.
2. Give 100 youth aged 15 to 30 up to \$5,000 to carry out innovative short-term service projects to strengthen youth resilience.

WOMEN RELIEF GROUP INTERNATIONAL

Uzima Women Relief Group International (Uzima) is looking for Board of Directors. A variety of skills, interests, and experience are useful in furthering Uzima's mission, but nominees should ideally have administrative and fiscal oversight. We would also benefit from individuals with Financial management and Legal experience. As a not -for-profit organization, we seek diverse voices in working to improve Uzima. Although we are open to all racial groups, we especially encourage Black, and People of Color, and others currently less represented in our governance groups to consider joining us in these important leadership roles.

As a board member you will be expected to attend quarterly board meetings. Uzima works with strict policies on anti-discrimination and anti-oppression. As a board member you will observe these policies and help other members, staff and volunteers to adhere to them. Uzima would like to stress further that commitment to the board duties, constitution and by-laws is a requirement.

Because Uzima is still evolving, the board is both a working board and a governance board. Board members are therefore expected to help with activities such as administration, accounting and fundraising. The following is a summary of the responsibilities of the board:

- Attend all board and committee meetings, functions and be prepared to participate.
- Stay informed about board and committee matters, review and comment on minutes and reports.
- Stay informed about the organization's mission, services, policies, and programs.
- Follow developments in the community, economy, government, etc. that may affect the organization.
- Serve on committees and offer to take on special assignments.
- Make a personal financial contribution to the organization (usually in Annual membership fees)
- Participate in organizational fundraising.

If interested, please send your Bio. If you have any questions, please call the cell number below.

Giving a new meaning of life, hope and bright future to all women

www.Uzimawomeninternational.org

[@uzimawomeninternational.org](https://www.instagram.com/uzimawomeninternational.org)

647 748 8870 (w) 647 721 6826 (mobile)

100 Consilium Place, Suite 200, Scarborough ON M1H 3E3

Thank you.

Please note that Uzima is actively looking for Volunteers for their events and workshops. If interested please contact Uzima.

Office : 647-748-8870



Here is an overview of Uzima's Kitchen Garden Wokshop in

Western Kenya



As an accomplished and seasoned real estate agent, Grace is passionate about empowering her clients to build wealth through strategic real estate investments. Her primary focus is on crafting personalized investment portfolios

Throughout her career, Grace has guided numerous clients towards successful wealth-building journeys, leveraging her extensive knowledge of the real estate market and investment trends. Her expertise lie in identifying lucrative opportunities through developer partners, conducting in-depth market research, and performing thorough due diligence to ensure that every investment decision is informed and calculated.

Grace believes that real estate is one of the most powerful wealth-building tools available, and she takes pride in her ability to guide clients toward achieving financial independence through smart property investments. Whether you are a seasoned investor looking to expand your portfolio or a first-time buyer eager to take the first step toward building wealth, I am dedicated to providing you with unparalleled support and tailored solutions.

Grace's approach to real estate is rooted in integrity, transparency, and a deep commitment to her client's success. Grace understands that each client's situation is unique, and works diligently to deliver personalized strategies that maximize returns while minimizing risk.

In addition to Grace's expertise in residential and commercial real estate, she keeps a close eye on emerging market trends, ensuring that her clients remain at the forefront of opportunities in an ever-changing real estate landscape. Grace's mission is to not only help clients achieve their investment goals but also to foster long-lasting relationships built on trust and mutual prosperity.

When you choose to work with Grace, you can expect unwavering dedication, clear communication, and unwavering commitment to exceeding clients' expectations. Grace & her team will navigate the complexities of the real estate market and forge a path toward financial abundance. Let us collaborate and embark on an exciting journey toward building your wealth through real estate.

During her free time, Grace has been fully involved as a founding director since 2012 for "Uzima Women Relief Group International " in advocating for women empowerment in marginalized communities globally. UWRGI provides care and support to families affected by the effects of war and disease in Canada and internationally to contribute to the global efforts to relieve poverty and improve women's health and education.



HUNTERRA

REAL ESTATE
BROKERAGE INC.

*PHOTOGRAPHY
VIDEOGRAPHY
SOCIAL MEDIA MANAGEMENT
EDITING*

Rimsha Raza



I am a freelance digital media expert. with an understanding for business processes as well as an eye for creative branding.

My role is to help Business' & Individuals grow their clientele & outreach through marketing/social media management. I help organizations manage their online presence by capturing images, creating digital marketing material, developing a strategy, producing valuable content, analysing usage data, facilitating customer service and managing projects and campaigns.

Having me on your team will help you invest a lot more time & energy into the day to day aspects of your business.

Personal Contact

✉ Rimsha.Razaa@gmail.com
☎ 647-518-9533
👤 @TheSocialJump

Please Contact Rimsha Raza for any Photography or Videography needs!

Message to Members and Donors

We are fundraising to continually support, guide, educate, and provide personal and professional services to the underprivileged Black and disenfranchised

contributed to the eradication of many social and mental problems such as unemployment, domestic violence, poverty, and misinformation whilst improving both social and mental health, educational awareness/prowess, employment rate, and employment assistance in different impoverished Black communities across Toronto.

If Interested in joining Uzima by contributing to our cause- A gift of any amount can make a big difference. Monetary donations can be made to Uzima Women Relief Group International by cheque or directly to our account: CIBC 02532 51-48219. Uzima attained its charitable status in 2021 (#811274307RR0002) and we are glad to inform you that we will be able to issue Tax receipts directly to donors.

Thank you for all the support!



SUPPORT OUR MISSION

[DONATE HERE](#)

Your Help Matters
DONATE NOW!



YOUTH OUTREACH

The program provides workshops, mentorship and leadership opportunities, as well as pro-social activities for Black youth. Selected Black youth have formed an advisory committee to lead and execute the project activities.

WOMEN EMPOWERMENT

Since 2016, Uzima has been involved with researching the effects of female genital mutilation/cutting in Toronto's African communities. We also focus on Gender-Based Violence prevention.

SENIORS WELLNESS AND SAFETY

The program provides information on elder abuse including financial abuse, training seniors in new technology to virtually navigate financial systems and engaging seniors in the community through mentoring others on financial safety to reduce incidences of abuse among Black seniors.

ABOUT US

Uzima Women Relief Group International is a charitable not-for-profit that provides care and support to families affected by, poverty, war and disease domestically and internationally to contribute to the global efforts on women's health, education and human rights.

CONTACT US

Tel: +647 748 8870

Email: info@uzimawomeninternational.org

Web: www.uzimawomeninternational.org



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